

AFTER CARE INSTRUCTIONS
PIERCINGS & TATTOOS

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TATTOO

TATTOOS

Step 1

For the first night, icing for 20min on and 20min off while the bandage is still on is beneficial... .

Remove bandage the next morning.

Step 2

Wash gently using your hand, soap, and water only.

Step 3

Apply very thin coat of Neosporin/A&D ointment/Bacitracine for 3 – 5 days. When applied you should be able to feel it not see it, like you would any lotion. If it's shiny you have too much on it. If it's oozing, you've applied too much.

Step 4

After 3-5 days switch to a white unscented hand lotion, preferably Aveno, Jergens, or something of quality. That is to be used for 2 weeks.

Step 5

No pool, ocean, hot tub, or submerging for the first week. (Showers are fine).

Step 6

Do not pick or scratch the tattoo. It should peel like a sunburn. If it scabs, it means you let it dry out and you need to take care of it better.

If you have any questions please feel free to call! 302-947-4766

PIERCINGS

It's normal for a new piercing to be red and have some drainage. **DON'T PANIC!!** Contact your piercer if you notice any of the following:

- Spreading redness
- Foul smelling discharge
- Hot to the touch
- Or it shows an appearance of rejection or migration.

DO:

- 1 Wash your hands before you touch the new piercing.
- 2 Remove any of the dried matter before you attempt to move it.
- 3 You can wash your piercing in the shower with soap. Just make sure you rinse the residue of soap away really well.
- 4 Tighten the jewelry at least once every day.

DO NOT:

- 1 Use alcohol, Hydrogen peroxide, or Neosporin!
- 2 Take the jewelry out if you think it is infected!! Both holes will close leaving the infection in your body. Contact your piercer, or your physician.
- 3 Touch the new piercing with dirty hands!
- 4 Turn the jewelry unless you are cleaning it!
- 5 Listen to any of your friend's advice!!

SPECIAL INSTRUCTIONS & CARE

HEAL TIMES:

Ear: 6-8 weeks

Nostril: 4-5 months

Septum: 6-9 months

Apply Bactine to a cotton swab. Clean the piercing 3x daily for the entire heal time.

HEAL TIMES:

Navel: 9 months – year

Eyebrow: 2-4 months

Nipples: 6-9 months

Cartilage: 9 months – year

Industrial: 9 months – year

Apply Bactine to cotton swab. Clean the piercing 4x daily for the entire heal time.

HEAL TIMES:

Tongue: 6-8 weeks

Labret: 2-4 months

Lip: 2-4 months

Monroe: 2-4 months

Medusa: 2-4 months

For the entire heal time rinse with mouthwash 4-6x daily, making sure to rinse after you eat. Clean the outside of the Labret, Monroe, Lip, or Medusa with Bactine 4x a day for the entire heal time.

Aleve is recommended for 3-5 days to reduce swelling (Consult your physician if you've never taken this product before).
Eat normally! That will help reduce some swelling also.

HEAL TIMES:

Dermal Anchors: 6-9 months

Use Bactine 4x daily as the piercer has instructed you to clean it. Cover for the first week with Band-Aids while you sleep. Clean GENTLY in the shower with hand and soap making sure NOT to use a washcloth or loofah. Do not wear constricting clothing on the area to insure it doesn't get pulled out.

Again, if you have any questions, give us a call! 302-947-4766